

08

Lifeline Publications Catalogue

Telling the truth about drugs



Lifeline Publications

Latest Publications

Out of your head guides
Subutex

Out of your head



Winner of the TrusTECH North West NHS Innovation awards and runner-up in the national awards.



Finalist in the The Nursing Times Chief Nursing Officer, Nurse of the Year Award.

A range of guides for people with mental health problems who use drugs. There are four guides in the series which are based on the experiences of people in psychiatric treatment.

Mental Illness and Cannabis David - the man with the transparent head 20 pages 150mm x 150mm	A37
Mental Illness and Ecstasy The story of Raving Mad Martha 20 pages 150mm x 150mm	A38
Mental Illness, Alcohol and other drugs The story of Jason the psychonaut 20 pages 150mm x 150mm	A39
Mental Illness, Heroin and Crack The story of a man called God 20 pages 150mm x 150mm	A40

Subutex



Subutex is probably the most widely used drug in U.K prisons and we have produced two information booklets to educate both prisoners and staff about the effects and consequences of using this drug.

Subutex: a prisoners guide to buprenorphine

This booklet was produced in partnership with NOMS and the North East Area Prison Service. It gives a full explanation of the effects of both Subutex and Suboxone. The leaflet contains information on: overdose and mixing drugs, effects, withdrawal and addiction, drug testing, dogs and the consequences of getting caught.

Produced in partnership with:



The Tart, the Mermaid, the Cockfish and the Subutex

This booklet was produced from our own resources. It contains similar information to the first booklet but uses the metaphor of the tart, mermaid and cockfish to explain the complex workings of partial opioid agonist-antagonist drugs. It contains swearing, politically incorrect humour, explicit sexual imagery, inter species sexual scenes, a profusion of unnatural and illegal anal incidents and bum jokes.

It may offend.

Subutex A prisoners' guide to buprenorphine 16 pages 180mm x 105mm	A41
The Tart, the Mermaid, the Cockfish and the Subutex 20 pages 180mm x 105mm	A42

Lifeline Publications

Needle Exchange Cards

Solvents

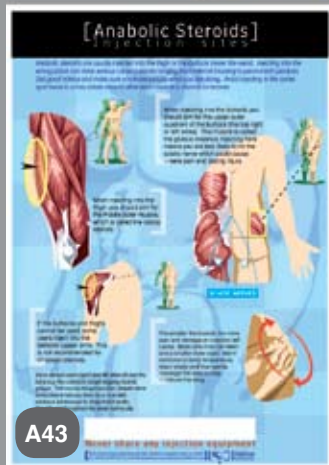
Steroids Poster

Amphetamine

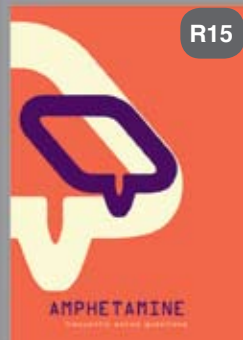
New
for
2008



A44



A43



R15

Understanding Volatile Substance Abuse

Talking about glues, gases and aerosols. In-depth information for people who need to know more.

Anabolic Steroids Poster

Injection sites and anabolic steroids.

Amphetamine FAQs

Latest addition to our FAQ range (see page 4), this completely rewritten guide contains up-to-date information on amphetamine (due April 2008).

Understanding Volatile Substance Abuse
16 pages | 150mm x 150mm

A44

Anabolic Steroids Poster
Poster | 420mm x 594mm

A43

Amphetamine FAQs
36 pages | A6

R15



Set of 15 small information cards designed to reinforce health messages. Ideal to be given out in needle exchange packs. Each card has a graphic message on the front with text information on the reverse.

See our website for more information on each card.

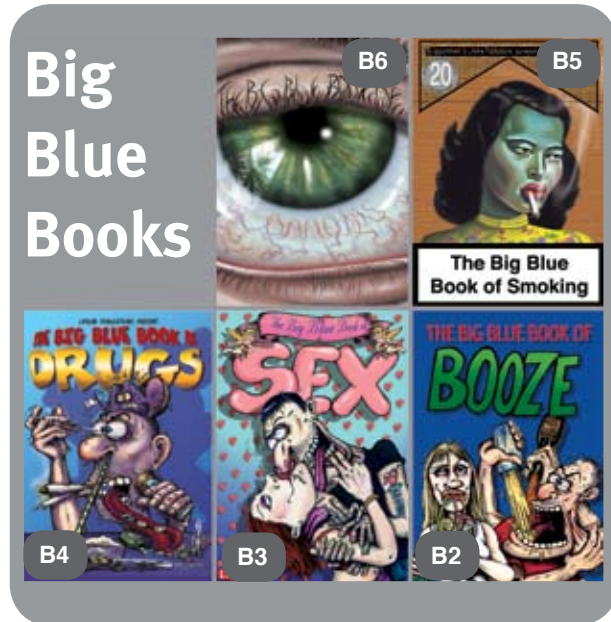
Needle Exchange cards
15 types
Information card | 70mm x 70mm

A45

Lifeline Publications

FAQ Information Booklets

Big Blue Books



The Big Blue Books are ideal resources for young people. They are written and illustrated in a style that engages their audience and are suitable for use in both structured learning environments and as standalone resources.

Big Blue Book of Cannabis 28 pages A4	B6
Big Blue Book of Smoking 28 pages A4	B5
Big Blue Book of Drugs 20 pages A4	B4
Big Blue Book of Sex 16 pages A4	B3
Big Blue Book of Booze 16 pages A4	B2



Our popular FAQ range are text-based, pocket-sized guides to some of the most commonly used drugs. They are intended to make sense of confusing and sometimes conflicting information and present the facts as clearly as possible. They are written in a question and answer format and are effective guides for both adults and young people.

Cocaine and Crack 36 pages A6	R14
Magic Mushrooms 36 pages A6	R13
Cannabis 16 pages A6	R12
Ketamine 16 pages A6	R8
Heroin 12 pages A6	R11
GHB 12 pages A6	R10
Ecstasy 32 pages A6	R9
LSD 36 pages A6	R6

Lifeline Publications

Injecting Guides

Steroids

Viruses

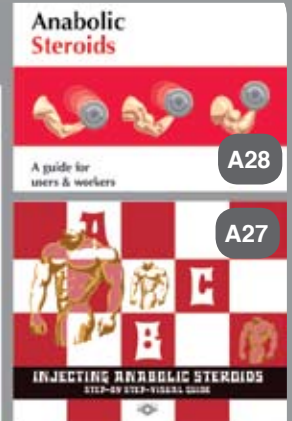
Injecting Guides



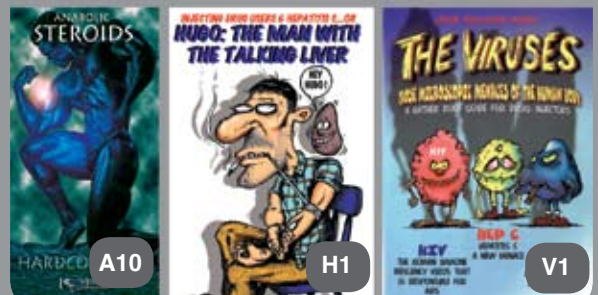
These guides are designed to minimise the risks associated with injecting drug use by illustrating good practice, highlighting the relevant dangers at each stage and giving information on overdose prevention and what to do when problems arise. Dig (D1) provides information to reduce the risks associated with injecting drugs. The latest addition, "Speedballs" (D9) is designed specifically for people who inject heroin and cocaine. Better Injecting (D4), When Things go Wrong (D5), Overdose (D6) and Smoking Brown (D7) use a predominantly graphic format with minimal text.

Dig injecting guide 20 pages 120mm x 120mm	D1
Better Injecting 28 pages 153mm x 192mm	D4
When things go wrong 12 pages 153mm x 192mm	D5
Overdose 12 pages 153mm x 192mm	D6
Smoking Brown 16 pages 153mm x 192mm	D7
Going in the Groin 16 pages 153mm x 192mm	D8
Speedballs 20 pages 120mm x 120mm	D9

Steroids



Viruses



Anabolic Steroids - Hardcore info 36 pages 180mm x 105mm Covers over 30 types of steroid products	A10
Anabolic Steroids 56 pages 192mm x 153mm Guide for users and drug workers	A28
Injecting Anabolic Steroids 24 pages 192mm x 153mm Visual guide to intramuscular injection	A27
Steroids Poster Poster A2 Injection sites and anabolic steroids.	A43
Hugo - the man with the talking liver 4 pages A5 Avoiding Hep C transmission	H1
The Viruses 6 pages A5 Transmission of HIV, Hep B and C	V1

Lifeline Publications

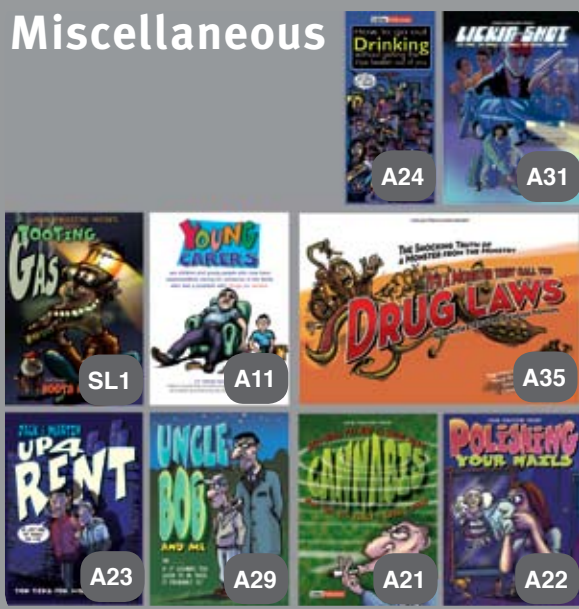
Mcdermott's
Dr Nuke
Prison Tales
Specific Groups

McDermott's Dr Nuke Amsterdam Prison Tales



McDermott's guide to Depresants 16 pages 250mm x 180mm Opiates, methadone, benzodiazepines...	M1
McDermott's guide to D-I-Y Detox 16 pages 250mm x 180mm Coming off a range of drugs	M2
McDermott's guide to Brown... 16 pages 250mm x 180mm ... for beginners	M4
McDermott's guide to Cocaine 20 pages 250mm x 180mm The real story of cocaine use	M5
Whizzology 20 pages 250mm x 170mm Amphetamine related stimulants	N3
Tripology 76 pages 250mm x 170mm Full colour illustrated book	N4
The Lads go Mad in Amsterdam 16 pages 250mm x 180mm Drug use in Amsterdam	P9
Do Your RIP 16 pages 250mm x 180mm Adjusting to life in a YOI	P14
Out of Jail 12 pages 250mm x 180mm Relapse prevention. CARAT services	A19

Miscellaneous



How to go out drinking... 24 pages 105mm x 180mm Avoiding alcohol related violence	A24
Lickin' Shot 28 pages 175mm x 246mm Gang culture from real life experiences	A31
Tooting Gas 8 pages A5 Dangers of volatile substances	SL1
Young Carers 4 pages A5 Information for young carers	A11
The Drug Laws 12 pages 148mm x 210mm Drugs and the law	A35
Up 4 Rent 8 pages A5 Safety advice around sex working	A23
Uncle Bob 6 pages A5 Advice to deal with sexual grooming	A29
Cannabis 16 pages A5 Cannabis information for 13-17 yr olds	A21
Polishing Your Nails 6 pages A5 Solvent use in a care setting	A22

Lifeline Publications

Peanut Pete
 Clare & Jose
 Timetripper
 Posters

Peanut Pete Clare & Jose Time Tripper



The Time Tripper 6 pages A5 Effects and risks of LSD	A1
Paranoia 4 pages A5 Dealing with stimulant related paranoia	P2
Where's me slippers 4 pages A5 Comedown effects of stimulant drugs	P3
E by Gum 6 pages A5 Safer ecstasy use	P5
Too Damn Hot 6 pages A5 Ecstasy and heatstroke	P6
Planet Ketamine 8 pages A5 Effects and dangers of ketamine	P15
Clare and Jose - get off their cake 6 pages A5 Ecstasy information for young women	C1
The E-Plan Diet 6 pages A5 Stimulants, weight loss and diet	C2
Mr Wonderful 6 pages A5 Drug use and lowered inhibitions	C3

Posters



See website for full details of posters and postcard sets

Code	Title	x 1	x 10	x 50	x 100
A1	Time Tripper	£0.35	£0.30	£0.25	£0.20
A5	A-Z Safer Sex Poster	£2.50	£2.10	£1.80	£1.50
A10	Steroids -Hardcore info	£1.00	£0.85	£0.75	£0.60
A11	Young Carers	£0.35	£0.30	£0.25	£0.20
A19	Out of Jail	£1.00	£0.85	£0.75	£0.60
A21	Everything You Need ...Cannabis	£0.70	£0.60	£0.50	£0.40
A22	Polishing Your Nails	£0.35	£0.30	£0.25	£0.20
A23	Up 4 Rent	£0.40	£0.35	£0.30	£0.25
A24	How to go out Drinking	£0.85	£0.70	£0.60	£0.50
A27	Injecting Anabolic Steroids	£1.00	£0.85	£0.75	£0.60
A28	Anabolic Steroids	£1.80	£1.50	£1.30	£1.10
A29	Uncle Bob	£0.35	£0.30	£0.25	£0.20
A31	Lickin Shot	£1.80	£1.50	£1.30	£1.10
A34	MoDA (Drug Laws) Poster	£2.50	£2.10	£1.80	£1.50
A35	MoDA (Drug Laws) Booklet	£0.70	£0.60	£0.50	£0.40
A37	David - the man with the transparent head	£0.85	£0.70	£0.60	£0.50
A38	Raving mad Martha	£0.85	£0.70	£0.60	£0.50
A39	Jason the psychonaut	£0.85	£0.70	£0.60	£0.50
A40	A man called God	£0.85	£0.70	£0.60	£0.50
A41	Subutex	£0.85	£0.70	£0.60	£0.50
A42	The Tart, the Mermaid..	£0.85	£0.70	£0.60	£0.50
A43	Steroids poster	£2.50	£2.10	£1.80	£1.50
A44	Volatile Substance Abuse	£0.85	£0.70	£0.60	£0.50
A45	Needle Exchange cards (set of 15 cards)	N/A	£0.60	£0.50	£0.40
B2	Big Blue Book of Booze	£1.30	£1.10	£1.00	£0.80
B3	Big Blue Book of Sex	£1.30	£1.10	£1.00	£0.80
B4	Big Blue Book of Drugs	£1.50	£1.30	£1.10	£0.90
B5	Big Blue Book of Smoking	£1.80	£1.50	£1.30	£1.10
B6	Big Blue Book of Cannabis	£1.80	£1.50	£1.30	£1.10
C1	Get off their Cake	£0.35	£0.30	£0.25	£0.20
C2	The E Plan Diet	£0.35	£0.30	£0.25	£0.20
C3	Mr Wonderful	£0.35	£0.30	£0.25	£0.20
D1	Dig Guide	£0.85	£0.70	£0.60	£0.50
D2	Guide to Veins (poster)	£2.50	£2.10	£1.80	£1.50
D3	Street Heroin (poster)	£2.50	£2.10	£1.80	£1.50
D4	Better Injecting	£1.00	£0.85	£0.75	£0.60

Code	Title	x 1	x 10	x 50	x 100
D5	When Things Go Wrong	£0.70	£0.60	£0.50	£0.40
D6	Overdose	£0.70	£0.60	£0.50	£0.40
D7	Smoking Brown	£0.85	£0.70	£0.60	£0.50
D8	Going in the Groin	£0.85	£0.70	£0.60	£0.50
D9	Speedballs	£0.85	£0.70	£0.60	£0.50
H1	Hugo The Man.... Talking Liver	£0.35	£0.30	£0.25	£0.20
K1	Alcopops Poster	£2.50	£2.10	£1.80	£1.50
M1	Depressant Drugs	£1.00	£0.85	£0.75	£0.60
M2	DIY Detox	£1.00	£0.85	£0.75	£0.60
M4	Guide to Brown	£1.00	£0.85	£0.75	£0.60
M5	Guide to Coaine	£1.00	£0.85	£0.75	£0.60
N3	Whizzology	£1.00	£0.85	£0.75	£0.60
N4	Tripology	£8.99	£7.70	£6.50	£5.40
P2	Paranoia	£0.35	£0.30	£0.25	£0.20
P3	Where's me slippers	£0.35	£0.30	£0.25	£0.20
P5	E By Gum	£0.35	£0.30	£0.25	£0.20
P6	Too Damn Hot	£0.35	£0.30	£0.25	£0.20
p9	Lads Go Mad in Amsterdam	£1.00	£0.85	£0.75	£0.60
P12	Too Damn Hot Poster	£2.50	£2.10	£1.80	£1.50
P14	Do Your RIP	£1.00	£0.85	£0.75	£0.60
P15	Planet Ketamine	£0.40	£0.35	£0.30	£0.25
R6	LSD FAQs	£0.75	£0.65	£0.55	£0.45
R8	Ketamine	£0.50	£0.43	£0.35	£0.30
R9	Ecstasy	£0.75	£0.65	£0.55	£0.45
R10	GHB	£0.50	£0.43	£0.35	£0.30
R11	Heroin	£0.50	£0.43	£0.35	£0.30
R12	Cannabis FAQ's	£0.50	£0.43	£0.35	£0.30
R13	Mushroom FAQ's	£0.75	£0.65	£0.55	£0.45
R14	Crack & Cocaine FAQ's	£0.75	£0.65	£0.55	£0.45
R15	Amphetamine FAQ's	£0.75	£0.65	£0.55	£0.45
S3	Safer Dancing Poster 2	£2.50	£2.10	£1.80	£1.50
S4	Safer Dancing Postcards 2	£0.70	£0.60	£0.50	£0.40
S5	Fabulous Polydrug Poster	£3.50	£3.00	£2.50	£2.00
S6	Fabulous Polydrug Postcards (set of 8)	£0.85	£0.70	£0.60	£0.50
SL1	Tooting Gas	£0.40	£0.35	£0.30	£0.25
V1	The Viruses	£0.35	£0.30	£0.25	£0.20

